New

✚ ALLEVYN LIFE Heel Foam Dressing is a unique dressing that provides coverage to the malleolus. The EXUMASK◊ layer effectively minimizes visual impact of absorbed exudate while the change indicator provides a clear visual guide to show when the dressing should be changed.[1-4]

Smith+Nephew

ALLEVYN◊ LIFE
Heel Foam Dressing

Application



- Remove the central liner and anchor the adhesive side of the dressing to the back of the ankle



- Remove one liner and adhere the upper lobe to the ankle
- Smooth over
- Remove the remaining liner and cover the opposite side of the ankle and smooth over
- Do not stretch the dressing



- Remove the remaining liners on each side at the bottom the dressing
- Lift the remaining part of the dressing under the base of the foot



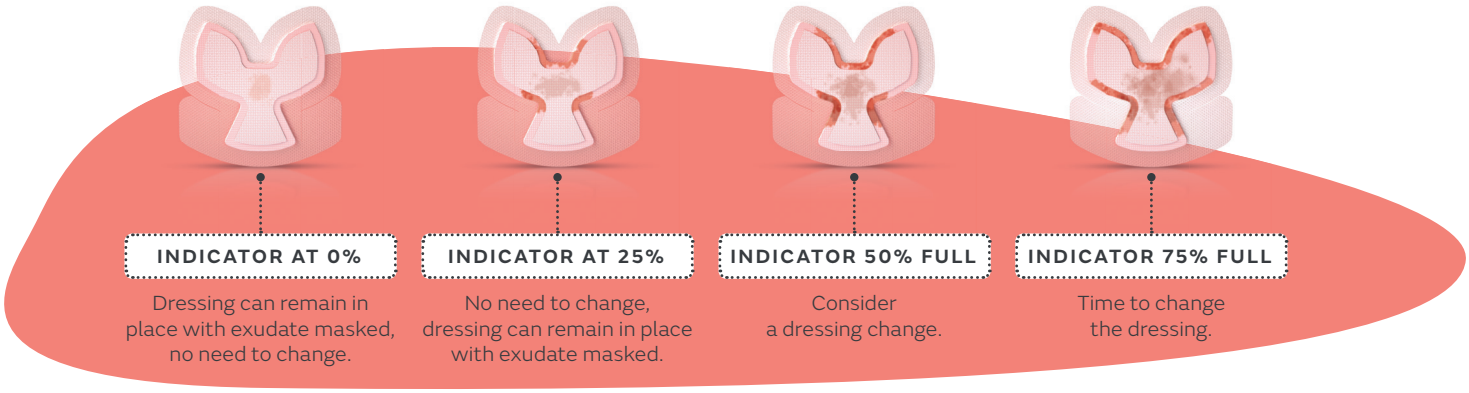
- Overlap the lobes to secure the dressing
- Smooth down the borders to remove any creases

Removal
Lift one corner and slowly peel back until completely removed.

Frequency of change

During the early stages of treatment inspect the dressing frequently. Dressings can be left in place for up to 7 days, except the sacral area where dressings can be left in place for up to 5 days. Dressings should be changed depending on the condition of the wound and surrounding skin or when exudate covers 75% of the change indicator. Consider changing if the exudate covers more than 50% of the change indicator.

The diagram below is for guidance only and the decision of when to change should be dependent upon clinical assessment and local protocols under the guidance of a Healthcare Professional.



ALLEVYN LIFE Heel Foam Dressing ordering codes

Size	Code	Carton
25cm x 25.2cm (9.8in x 9.9in)	66801304	5

For detailed product information, including indications for use, contraindications, precautions and warnings, please consult the product's applicable Instructions for Use (IFU) prior to use.

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AWM-AWC-25514 | CA03743 08/20

References
1. Smith+Nephew 2016. Wound model testing of new ALLEVYN LIFE Gen2 wcl dressing using horse serum at a flow rate modelling that of a moderately exuding wound. DS/14/303/R. **2.** Rossington A, Drysdale K, Winter R. Clinical performance and positive impact on patient wellbeing of ALLEVYN LIFE. *Wounds UK*. 2013;9(4):91 – 95. **3.** Simon D, Biel A. A structured collaborative approach to appraise the clinical performance of a new product. *Wounds UK*. 2014;10(3):80 – 87. **4.** Smith+Nephew, February 2016. Subjective comparison of masking ability of the new ALLEVYN LIFE versus current ALLEVYN LIFE by healthcare professionals. Internal report. DS/16/061/R.