+ Evidence in focus

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Improved efficiencies and outcomes: the health economic value of robotics in unicompartmental knee arthroplasty (UKA)

Healthcare systems globally are challenged with providing more patients better outcomes and at a lower cost. Patients are more engaged in their episode of care and expect better outcomes than previously. Patients want a quick recovery, with good functional outcomes and a durable implant. Administrators want the same, but they also need it to be done efficiently. UKA is a surgical procedure that treats osteoarthritis in a single compartment of the knee, for patients suffering from single compartment osteoarthritis UKA is a suitable alternative to TKA, which is more invasive and requires a longer recovery time. ¹

Patient satisfaction and TKA

TKA is a successful intervention for the treatment of end-stage arthritis, resulting in reductions in pain and improvements in function, whilst demonstrating long-term survivorship. **However, following TKA:**



Over 50% of patients report some degree of limitation to their functional ability at least 1-year post-operatively, including activities of daily living and sports activities²



Up to 20% of patients are not satisfied with their knee replacement³

Patient selection criteria and utilization



of all TKA patients are candidates for UKA⁴

Although 25–47% of patients undergoing TKA are eligible for UKA, 4 only 8–15% of all knee arthroplasties are accounted for by UKA. 5 Low utilization of UKA is partly accounted for by surgical complexity, 6,7 reduced threshold for revision, 8 and limited patient selection criteria. 8 With low usage, the revision risk is high, and this drives surgeons to perform UKA in a narrow group of patients leading to further reduced use. 8

Robotically-assisted UKA (rUKA) and outcomes

When performed robotically, UKA provides patients with improved surgical outcomes, 9 irrespective of individual surgeon experience. $^{^{10}}$ Pre- and intra-operative surgical planning capabilities enable a personalized approach whilst alleviating surgical complexity. 11

58% reduced risk of revision^{†12}

Compared with conventional techniques, robotic-assisted surgery has been shown to:



Improve accuracy of implant placement

- Robotic-assisted surgery improves implant placement when compared to a conventional technique^{10,13,14}
- Robotic-assisted UKA allows surgeons of all experience levels to achieve improved accuracy¹⁰



Increase UKA implant survivorship‡

- Aseptic loosening is a common cause of UKA revision in national joint registries¹⁵
- Accurate positioning of arthroplasty implants with robotic-assisted technology may reduce the impact of aseptic loosening, resulting in improved survivorship¹⁵
- Reduced revision rate (12 fewer revisions per 100 cases for rUKA)¹⁶



Improve functional outcomes

rUKA patients have demonstrated significant improvements in functional outcomes including Knee Society Score[§] (KSS) and Oxford Knee Score (OKS) over conventional unicompartmental knee arthroplasty (cUKA)^{17,18}



Decrease post-operative pain and opioid usage¹¹⁹

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rUKA and episode of care cost

rUKA allows surgeons to accurately and reproducibly perform UKA versus cUKA, which improves upon the extensive clinical benefits of cUKA. 13.17,20-25 When comparing conventional methods, UKA offers patients multiple clinical benefits versus TKA that have been shown to reduce the total episode of care cost:



Reduction in short term complications

Including:

- Reduced post-operative infection risk²⁶
- Blood transfusion^{27,28}
- Deep vein thrombosis and pulmonary embolism^{27,28}



More economical²⁸

Shorter length of stay:

1.53 (UKA) versus 2.47 (TKA) days

Lower overall cost:

\$55,976 (UKA) versus \$61,513 (TKA)



Quicker recovery

Less disruption of soft tissue,²⁹ potentially helping patients regain knee function sooner³⁰

Quicker return to sports and work 31,32

JOURNEY II UK & CORI Surgical System: optimized for the ASC

When performed robotically, JOURNEY II UK implanted using RI.KNEE on CORI Surgical System may increase operating efficiencies resulting in cost benefits.

Small footprint & portability

Featuring simple calibration and a small footprint, CORI Surgical System can easily be moved between operating rooms to support demand



Reduced tray requirement (from 2-3, to 1)

JOURNEY II UK, when implanted using CORI Surgical System may only require a single tray to perform the surgery³³



With or without pre-operative imaging

CORI Surgical System allows for image-agnostic registration functionality, including image-based and image-free offerings



High survivorship

JOURNEY II UK has demonstrated excellent early clinical survivorship. A single, non-developer surgeon demonstrated 100% survivorship at two years (145 patients)³⁴



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*On dry bone models. Follow-up period ranged from 3–60 months, compared to cUKA. *Compared to TKA. *Patient expectations component of KSS. *Demonstrated in robotic-assisted TKA versus conventional TKA. **Abbreviations:** ASC = ambulatory surgical center; cUKA = conventional unicompartmental knee arthroplasty; KSS = Knee Society Score; OKS = Oxford Knee Score; rUKA = robotically assisted unicompartmental knee arthroplasty; TKA = total knee arthroplasty; UKA = unicompartmental knee arthroplasty.

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