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# INSPIRE Advanced knee ligament repair instructional course

27-28 February 2025

Smith+Nephew Academy, Munich

#### Invited chairperson



Dr. Thomas Harlem Norway



**ULTRABUTTON**<sup>o</sup>



#### **Course Description**

The Advanced knee ligament repair instructional course will focus on a range of solutions available for treating different knee ligament injuries. Featuring lectures on current techniques, clinical case presentations and demonstrations, participants will be given the opportunity to perform anatomic ACL, PCL, PLC and MCL reconstructions in the Smith+Nephew state of the art wet lab. Additionally, there will be the opportunity to use fluoroscopy to document placement of ACL reconstruction tunnels

#### Learning objectives

- Describe the clinical relevant anatomy of the ACL, PCL, medial side, posterolateral corner of the knee
- Evaluate different treatment options available for patients with knee ligament injuries
- Understand and demonstrate current evidence-based anatomic knee ligament reconstructions
- Analyse ACL tunnel placement live and understand techniques that can help achieve optimal (anatomic) placement

#### Participant profile

- Orthopaedic surgeons at consultant level or higher with 5+ years experience and performing at least 50 ACL procedures per year
- Strong interest and experience in knee ligament reconstruction and complex meniscus repair, with a desire to further their knowledge in this area
- Participants should have an excellent understanding of knee anatomy and should have the surgical skills necessary to perform complex knee ligament reconstructions

Day2

• The course will be conducted in English, so it is essential participants have a good understanding of the language

Day 1
11:30 Registration and welcome lunch
17:30 Adjourn
19:30 Course dinner

08:00 Meeting start 11:45 Lunch 14:30 Farewell and departures

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