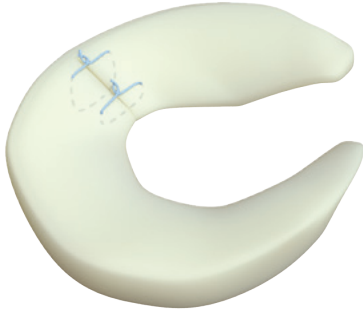
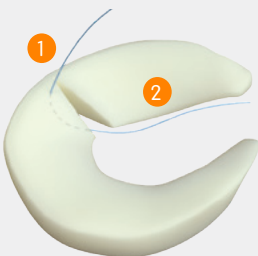
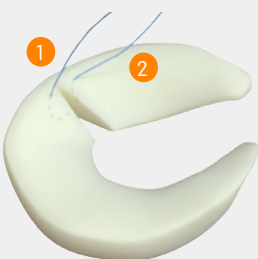
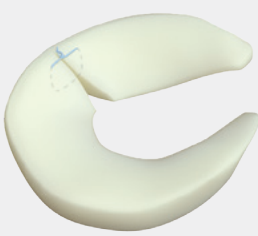
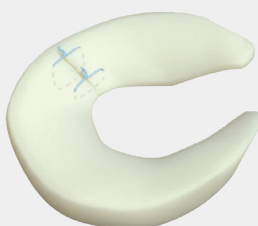


Suture Placement Guide*

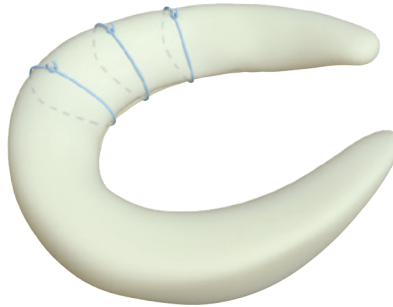
Radial Tear



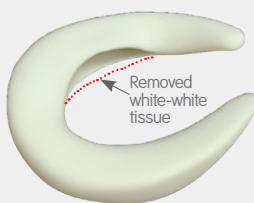
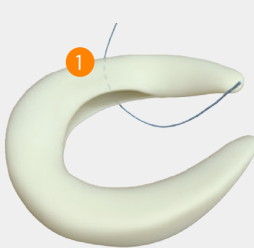
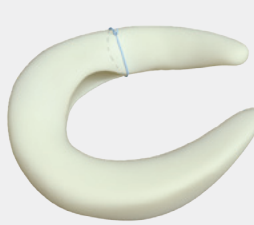
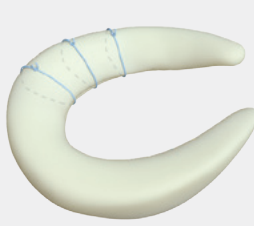
Side-to-Side Circumferential Stitches

1. Pass limb 1 
2. Pass limb 2 across tear 
3. Tie across tear and tighten 
4. Repeat with subsequent central stitches 

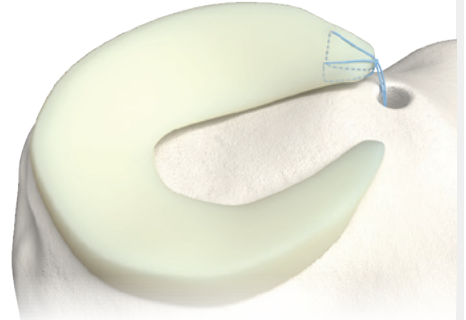
Horizontal Cleavage Tear (HCT)



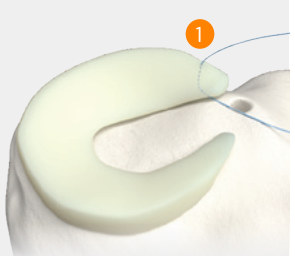
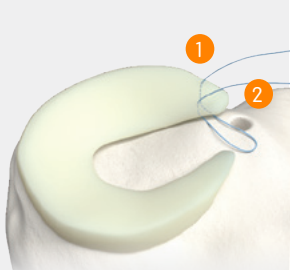
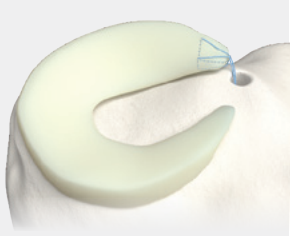
Haybale Stitches
For HCTs that exit at the apex

1. Remove unstable central rim 
Removed white-white tissue
2. Pass peripheral (limb 1) 
3. Tie suture over apex and tighten 
4. Repeat with subsequent stitches 

Root Tear

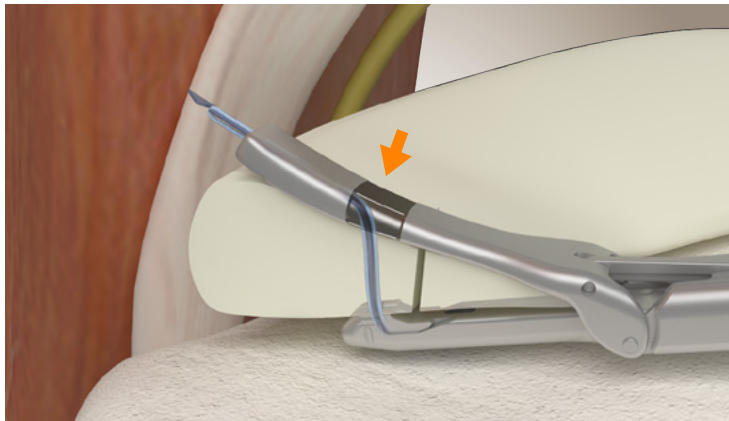


Modified Double Locking Loop Stitch

1. Pass peripheral limb (limb 1) 
2. Pass central limb (limb 2) 
3. Pull suture limbs through loop at the end of meniscus and tighten and tie over button 

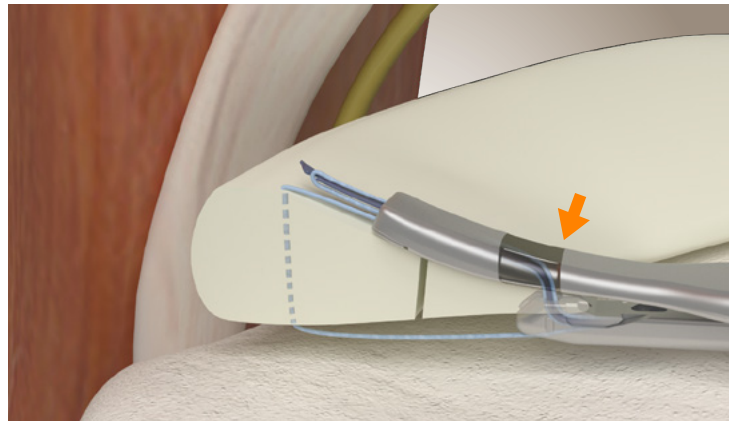
Stitch Targeting

Target area on the upper jaw approximates where the needle penetrates the meniscus. The amount of tissue between the jaws of the device will determine where the needle will exit the meniscal tissue.



Peripheral Pass

For mid-body or peripheral passes, where a large amount of tissue is between the jaws of the device, use the middle to peripheral section of the upper jaw target area for guidance.

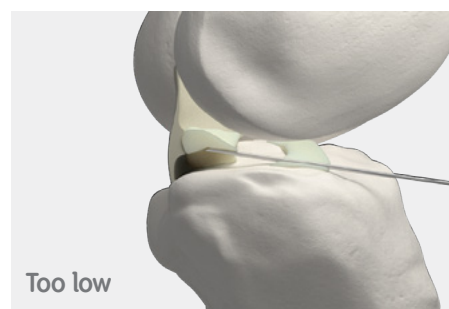
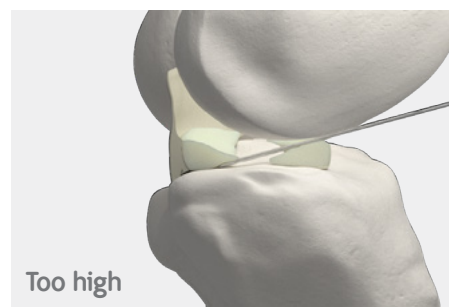
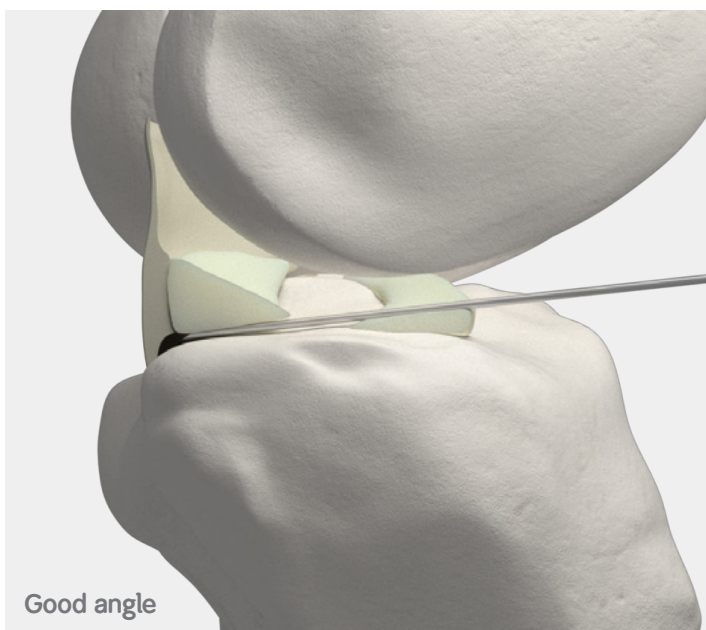


Central Pass

For central passes, where a small amount of tissue is between the jaws of the device, use the central section of the upper jaw target area for guidance. Ensure the lower jaw tooth is fully covered by the meniscus.

Portal Placement

Ensure appropriate angle of approach using a spinal needle prior to creating portals.



*The Suture Placement techniques described in this guide are those of Justin Saliman, MD. This guide is for informational and educational purposes only. It is not intended to serve as medical advice. It is the responsibility of operating physicians to determine and utilize the appropriate products and techniques according to their own clinical judgment for each of their patients. Dr. Saliman is a paid consultant of Smith & Nephew.

NOVOSTICH PRO Meniscal Repair System is available in New Zealand only.

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