

Smith+Nephew

Academy

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for Innovation, Research, and Education

FRABENE Advanced Knee Instructional Course NL

Meniscus Repair & Ligament Reconstruction

Date : 13-14 April 2026

Location : Smith+Nephew Academy, London



Prof. D Meuffels | Dr. A Getgood | Mr. J Robinson | Dr. T Van Tienen | Dr. A Zuiderbaan
Chairman

DAY 1 - MENISCUS : April, 13

Time	Session
11:30 - 12:30	<i>Registrations and Lunch</i>
12:30 - 12:35	Welcome and presentation of the Course
12:35 - 12:50	Why Save the Meniscus Beyond Perceived Limits ? (Meniscectomy consequences, 30 years of evidence and innovation)
12:50 - 13:05	Posterior Radial Tears : Imaging and All-Inside Treatment Approaches
13:05 - 13:20	Lateral Meniscus Root : Role in Knee Stability and How to repair it?
13:20 - 13:35	When to Repair Meniscus Ramp Lesions? Diagnostic Strategies and my Treatment Approach (Anterior All-Inside)
13:35 - 14:00	LIVE SURGERY from the lab : Complex Meniscus Tear repair demonstration
14:00 - 14:30	<i>Break + Virtual Reality offer</i>
14:30 - 18:00	WET LAB SESSION : Meniscus Repair
18:10	<i>Hotel</i>
19:30	<i>Dinner</i>

DAY 2 - LIGAMENT : April, 14

Time	Session
08:30 - 08:35	<i>Introduction Day 2 : Multi-Ligament Reconstruction</i>
08:35 - 09:00	Graft Choice Discussion : (one graft choice per faculty) 1/ <u>Primary ACL</u> : Tripled or Quadrupled-ST vs ST+Gracilis 2/ <u>ACL Revision</u> : QUAD or contralateral HS vs BTB
09:00 - 09:15	Comparative Approaches to ACL Reconstruction: All-Inside versus Full-Tunnel Techniques
09:15 - 09:30	Anterolateral rotatory instability : causes, consequences, solutions (pivot shift, rerupture rate, LEAP overview)
09:30 - 09:45	Multi-Ligament Knee Reconstruction: Avoiding Tunnel Conflicts through Optimal Positioning, Sequencing and Fixation
09:45 - 10:10	<i>Break</i>
10:10 - 10:30	LIVE SURGERY : LET using all-suture knotless anchor
10:30 - 13:30	WET LAB SESSION : ACL Reconstruction + LET/ALL reconstruction + QUAD harvesting
13:30 - 14:15	<i>Lunch</i>
14:15 - 15:00	Complex clinical cases discussion + Q&A
15:05	Conclusion of the Course
	<i>Departures</i>