

Smith+Nephew

Academy

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Instructional Course | AcademyLondon

+ INSPIRE

International Sports Medicine Platform  
for Innovation, Research, and Education



# + INSPIRE Anatomic knee ligament reconstruction IC

**Date: 16-17 April 2026**

Preliminary programme

Invited chairpeople:

Dr. Charles Brown, US

Ms. Ciara Stevenson, UK

Smith+Nephew Academy  
London, UK



# Course description

This Smith + Nephew advanced two day knee course discusses the latest rationale behind state of the art knee ligament reconstruction. Featuring, short lectures, clinical case presentations and live cadaveric demonstrations, participants will be given the opportunity to perform anatomic ACL, PCL, MCL and PLC reconstructions in the Smith + Nephew Academy, London, advanced bio-skills wet lab.

Additionally, participants will practice complex meniscal root repair techniques. There will also be the opportunity to use fluoroscopy to document placement of ACL reconstruction tunnels.

## Accreditation

Accredited by the Royal College of Surgeons of England

## Invited co-chairs



**Dr. Charles Brown**  
USA



**Ms. Ciara Stevenson**  
United Kingdom

## Invited faculty



**Dr. Robert LaPrade**  
USA



**Dr. Alan Getgood**  
Qatar



**Mr. James Robinson**  
United Kingdom



**Dr. Thomas Harlem**  
Norway



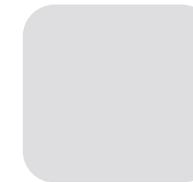
**A/Prof. Pete D'Alessandro**  
Australia



**Dr. Gilbert Moatshe**  
Norway



**Prof. Thomas Neri**  
France



**TBC**



## Academy Online

As online content is an integral part of the course, you will be pre-registered on our online Global Medical Education learning platform "[Smith+Nephew Academy Online](#)".

Please complete your profile to access the assigned course modules associated with this full course. After completion of the course with full attendance, this is where you will have access to feedback surveys and certificates

# Course description

## Learning objectives

- Describe the clinical relevant anatomy of the menisci, ACL, PCL, medial side, posterolateral corner of the knee
- Perform current evidence-based anatomic knee ligament reconstructions and complex meniscal repair
- Analyse techniques that can help achieve optimal (anatomic) tunnel placement

## Participant profile

- Consultant orthopaedic surgeons at consultant level or higher with 5+ years experience and performing at least 50 ACL procedures per year
- Strong interest and experience in knee ligament reconstruction and complex meniscus repair, with a desire to further their knowledge in this area
- Participants should have an excellent understanding of knee anatomy and should have the surgical skills necessary to perform complex knee ligament reconstructions and meniscal repair
- Must perform PCL procedures in their practice
- This course will be conducted in English, therefore a good command of the language is essential

## Focus products

NOVOSTITCH<sup>◇</sup> PRO  
FIRSTPASS MINI<sup>◇</sup>  
FAST-FIX FLEX<sup>◇</sup>  
ULTRABUTTON<sup>◇</sup>  
BIOSURE REGENESORB<sup>◇</sup>  
X-WING<sup>◇</sup> Graft Prep  
Meniscal Root Repair System  
QUADTRAC<sup>◇</sup>



QUADTRAC<sup>◇</sup>



FAST-FIX FLEX<sup>◇</sup>

# Preliminary programme

Thursday, 16 April

## Day 1

Time	Session	Speaker
Morning	Breakfast at the hotel	All
07:30	Transfer to Academy London	All
08:00 - 08:10	Welcome and introduction	Smith+Nephew
08:10 - 08:15	Course aims, objectives + faculty introductions	Chairs
<b>Session 1</b>		
08:15 - 08:30	<b>Case: A young football player with an acute ACL injury</b> <b>ACL Graft options</b> Introduction	Speaker
	Bone-patellar tendon-bone autograft	Speaker
	Hamstring tendon autograft	Speaker
	Quadriceps tendon autograft	Speaker
08:30 - 08:40	<b>Live from the lab:</b> Quadriceps tendon graft harvest with QUADTRAC	Speaker
08:40 - 08:45	<b>ACL tunnel placement</b> What intraoperative fluoroscopy and postop CT scans have taught me	Speaker
08:45 - 08:55	<b>Anterolateral rotatory instability</b> The high grade pivot shift: What causes it? Lateral meniscus root repair: Why it is important in ACL Surgery? Lateral extraarticular surgery: When and how I do it?	Speaker Speaker Speaker
08:55 - 09:05	Discussion + treatment recommendations from each table	All
09:05 - 09:15	What I did / Discussion	Speaker / All
09:15 - 09:20	Comfort break for demo set up	All
09:20 - 09:45	<b>Live from the lab:</b> Lateral root repair with centralisation suture	Speaker
09:50 - 10:25	<b>Case: Failed ACL reconstruction</b> <b>Revision ACL surgery: What you need to know</b> How to handle a poorly placed ACL femoral + tibial tunnels When you should perform a 2-stage revision - How to bone graft enlarged tunnels When and how to address tibial slope	Speaker Speaker Speaker Speaker Speaker

# Preliminary programme

Thursday, 16 April

## Day 1

Time	Session	Speaker
10:25 - 10:35	Discussion + treatment recommendations from each table	Speaker
10:35 - 10:45	What I did / Discussion	Speaker / All
<b>10:45 - 11:00</b>	<b>Coffee break</b>	<b>All</b>
<b>Session 2</b>		
11:00 - 11:30	<b>Case: Acute ACL and medial sided injury</b>	Speaker
	ACL + Medial side injuries: decision making	Speaker
	Role of stress x-rays in the evaluation of collateral ligament injuries	Speaker
	Nonoperative management of medial side injuries	Speaker
	Medial side injuries: when is surgery needed	Speaker
	What should you fix and how should you fix it	Speaker
11:30 - 11:40	Discussion + treatment recommendations from each table	All
11:40 - 11:50	What I did / Discussion	Speaker / All
11:50 - 12:15	<b>Live from the lab:</b> Anatomic medial reconstruction	Speaker
<b>12:15 - 12:55</b>	<b>Lunch</b>	<b>All</b>
<b>Session 3</b>		
	<b>Anatomical wetlab</b>	
12:55 - 16:25	ACL, PCL, MCL, PLC, Root, Ramps (2 rotations)	All
16:25 - 16:40	Summary of the day - What I have learnt	Co-chairs
16:45	<i>Coach transfer back to the hotel</i>	All
19:00	<i>Meet in hotel lobby to take a short walk to dinner</i>	All
19:30	<i>Course dinner</i>	All

# Preliminary programme

Friday, 17 April

Day 2

Time	Session	Speaker
Morning	Breakfast at the hotel and check out	All
07:30	Transfer to Academy London	All
08:00 - 08:05	Welcome back to day 2	Smith+Nephew
<b>Session 4</b>		
08:05 - 08:35	<b>Case: Combined PCL and PLC injury</b> Double-bundle PCL reconstruction: why I like it When I perform a single-bundle PCL reconstruction Graft options for PCL reconstruction PLC injuries - repair or reconstruct? No allografts - what do I do? How to avoid tunnel convergence on the medial side	Speaker Speaker Speaker Speaker Speaker Speaker
08:35 - 08:45	Discussion + treatment recommendations from each table	All
08:45 - 08:55	What I did / Discussion	Speaker/All
08:55 - 09:00	Comfort break for demo set up	All
09:00 - 09:15	<b>Live from the lab:</b> Anatomic PLC reconstruction with single SemiT autograft	Speaker
09:15 - 09:25	<b>Case: The dislocating Knee - management of multiligament injuries</b>	Speaker
09:25 - 09:40	Faculty discussion	All faculty
09:40 - 09:55	Cartilage repair: The future	Speaker
<b>09:55 - 10:10</b>	<b>Coffee break and change for the lab</b>	<b>All</b>
<b>Session 5</b>		
<b>Anatomical wetlab</b>		
10:10 - 12:10	ACL, PCL, MCL, PLC, Root, Ramps (1 rotation)	All

# Preliminary programme

Friday, 17 April

Day 2

Time	Session	Speaker
<b>12:10 - 12:50</b>	<b>Lunch</b>	<b>All</b>
<b>Session 6</b>	<b>Anatomical wetlab</b>	
12:50 - 15:20	ACL, PCL, MCL, PLC, Root, Ramps (2 rotations)	All
15:20 - 15:25	Course wrap up / take home message	Chairs
15:30	Departures	All

### **Course venue**

Smith+Nephew  
Academy London,  
Building 5, Croxley Business Park  
Hatters Lane, Watford, WD18 8YE

### **Hotel Information**

Leonardo Hotel, Watford  
Clarendon Road,  
Watford, WD17 1JA

### **Course dinner**

TBC

### **Transfers/directions**

Transfers from the airport to the  
hotel and back according to the  
online registration system entries

### **Event management**

Laura Andrews  
Medical Education Manager International, EU  
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### **Programme and faculty management**

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## Code of ethics

All healthcare professionals must comply with their local guidelines and regulations regarding the costs associated with any meeting. Smith & Nephew, Inc. is committed to following the relevant code of ethics and limits attendance at company sponsored events to healthcare professionals with a bona fide professional interest.

## Course Certificates

Delegates will receive a certificate of attendance on completion of the course. Such certificate of attendance will be provided only to delegates who attend the entire course, unless there are exceptional circumstances. The course organiser will assess any exceptions for legitimate reasons.

## Disclaimer

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