

Smith+Nephew

Academy

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International Sports Medicine Platform  
for Innovation, Research, and Education



# + Advanced meniscal repair instructional course

**Date: 24, 28-29 April 2025**

Programme

Chairperson: Mr. James Robinson

Smith+Nephew Academy,  
Munich



# Course description

In this advanced meniscal repair course, participants will hear from expert faculty on complex meniscal repair topics, including meniscal repair in the presence of ACLR, root repair and meniscal allograft transplant. Firstly, through an online webinar, participants will understand the best approaches to each tear type supported by scientific evidence. Participants will then meet face to face at our State of the art S+N Academy London to discuss complex case presentations, surgical techniques and refine their surgical skills with dedicated cadaveric lab sessions, supported by our experienced faculty

## Accreditation

Accredited by the Royal College of Surgeons of England

## Chairperson

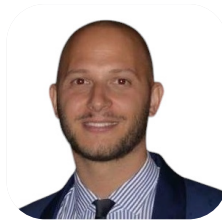


**Mr. James Robinson**  
United Kingdom

## Faculty



**Prof. Eivind Inderhaug**  
Norway



**Prof. Alberto Grassi**  
Italy



**Dr. Scott Faucett**  
US



## Academy Online

As online content is an integral part of the course, you will be pre-registered on our online Global Medical Education learning platform "[Smith+Nephew Academy Online](#)".

Please complete your profile to access the assigned course modules associated with this full course. After completion of the course with full attendance, this is where you will have access to feedback surveys and certificates

# Course description

## Learning objectives

- Identify complex meniscal tear patterns in both MRI and arthroscopically
- Describe the evidence around meniscal preservation and rationale for repair
- Discuss various approaches and their indications for treatment in a variety of meniscal tear patterns + meniscal allograft transplant
- Demonstrate various complex meniscal repair solutions

## Participant profile

- Orthopaedic surgeons at consultant level or higher with 5+ years experience, performing at least 60 arthroscopic knee ligament procedures per year and routinely performing common and complex meniscus repairs
- Strong interest in expanding their knowledge around complex meniscal tear pathologies and evidence-base repair opportunities
- Participants should have an excellent understanding of knee anatomy and should have the surgical skills necessary to perform complex meniscal repairs
- This course will be conducted in English, therefore a good command of the language is essential

## Focus products

NOVOSTITCH<sup>◇</sup> PRO  
FIRSTPASS MINI<sup>◇</sup>  
FAST-FIX FLEX<sup>◇</sup>  
Meniscal Root Repair System  
Meniscal Mender Set



FAST-FIX FLEX<sup>◇</sup>

# Programme

Thursday, 24 April - 18:00 BST, 19:00 CEST

Virtual

Time	Session	Speaker
18:00 - 18:02	Welcome and introduction	Smith+Nephew
18:02 - 18:06	Anatomy of the menisci	J Robinson
18:06 - 18:11	Why a stable knee with preserved menisci matters	E Inderhaug
18:11 - 18:16	<b>Meniscus Body lesions:</b> Leave it, repair it or resect?	A Grassi
18:16 - 18:21	<b>Radial lesions:</b> Management and outcomes	J Robinson
18:21 - 18:26	<b>Ramp Lesions:</b> What is the ramp, types of ramp tear, how to diagnose and do they matter?	S Faucett
18:26 - 18:30	Leave it or fix it - what do we know?	E Inderhaug
18:30 - 18:35	<b>Medial Root tears:</b> Why are they important, how do they occur, how to diagnose	S Faucett
18:35 - 18:39	Extrusion and do I need a centralisation suture	A Grassi
18:39 - 18:43	Is alignment important?	J Robinson
18:43 - 18:47	<b>Lateral Meniscus Root Tear:</b> Why are they important and how do spot them?	E Inderhaug
18:47 - 18:52	<b>Complex segmental meniscus defects:</b> Where do meniscus scaffolds fit in and do they work?	A Grassi
18:52 - 18:57	<b>Loss of meniscal function:</b> When should I consider MAT and what are my options	S Faucett
18:57 - 19:01	<b>How to improve meniscal repair:</b> Visualisation	J Robinson
19:01 - 19:05	Biological Augmentation	J Robinson
19:05 - 19:10	What factors influence the outcome of meniscus repair	E Inderhaug
19:10 - 19:15	Rehabilitation and return to activity / sports	S Faucett
19:15 - 19:25	Q+A / Discussion	All faculty
19:25 - 19:30	Summary of the session - Overview of course and expectations	J Robinson

# Programme

Monday, 28 April

Day 1

Time	Session	Speaker
<i>Morning</i>	<i>Individual arrivals</i>	<i>All</i>
11:45 - 12:30	Registration and welcome lunch	All
12:30 - 12:40	Welcome and introductions	Smith+Nephew
12:40 - 12:45	What to expect from these 2 days	J Robinson
<b>Session 1</b>		
12:45 - 13:05	<b>Radial Tears:</b> Surgical techniques	S Faucett
13:05 - 13:10	<b>Radial Tears:</b> Case presentation 1	J Robinson
13:10 - 13:20	Group discussion and feedback	All
13:20 - 13:40	<b>Meniscal ramp lesions:</b> Surgical techniques	A Grassi
13:40 - 13:45	<b>Meniscus ramp lesions:</b> Case presentation 1	S Faucett
13:45 - 13:55	Group discussions and feedback	All
13:55 - 14:00	<b>Meniscus ramp lesions:</b> Case presentation 2	E Inderhaug
14:00 - 14:10	Group discussions and feedback	All
14:10 - 14:25	<b>Meniscal root lesions:</b> surgical techniques	S Faucett
14:25 - 14:30	<b>Meniscus root lesions:</b> Case presentation 1	E Inderhaug
14:30 - 14:40	Group discussions and feedback	All
14:40 - 14:45	<b>Meniscus root lesions:</b> Case presentation 2	J Robinson
14:45 - 14:55	Group discussions and feedback	All
<b>14:55 - 15:10</b>	<b>Coffee break and change for the lab</b>	<b>All</b>
<b>Session 2</b>		
<b>Anatomical wetlab</b>		
15:10 - 17:15	Ramp/Root	All
17:15 - 17:20	Recap of the day and close	J Robinson
17:20 - 17:30	<i>Walk back to the hotel</i>	<i>All</i>
19:00	<i>Meet in hotel lobby for walk to dinner</i>	<i>All</i>

# Programme

Tuesday, 29 April

Day 2

Time	Session	Speaker
Morning	Breakfast at the hotel and check out	All
07:30	Walk to the Academy	All
08:00 - 08:05	Welcome back to day 2	Smith+Nephew
<b>Session 3</b>		
08:05 - 08:10	<b>Complex segmental meniscus defects:</b> Case presentation 1	A Grassi
08:10 - 08:20	Group discussions and feedback	All
08:20 - 08:25	<b>Loss of meniscus function:</b> MAT: surgical techniques	A Grassi
08:25 - 08:30	<b>Loss of meniscus function:</b> MAT: Case presentation 1	S Faucett
08:30 - 08:40	Group discussions and feedback	All
08:40 - 08:45	<b>Loss of meniscus function:</b> MAT: Case presentation 2	J Robinson
08:45 - 08:55	Group discussions and feedback	<b>All</b>
<b>08:55 - 09:10</b>	<b>Coffee break and change for the lab</b>	
<b>Session 4</b>		
<b>Anatomical wetlab</b>		
09:10 - 10:00	<b>Live from the Lab:</b> MAT: key anatomy, clinical function + technique	A Grassi/J Robinson Moderator S Faucett
10:00 - 12:25	<b>Hands on:</b> MAT	All
<b>12:25 - 13:10</b>	<b>Lunch</b>	<b>All</b>
<b>Session 5</b>		
<b>Anatomical wetlab</b>		
13:10 - 14:40	<b>Hands on:</b> MAT	All
14:40 - 14:50	Summary of the course: Insights, outcomes and key learnings	J Robinson
14:50	Departures	All

Various content



### **Course venue**

Smith+Nephew  
Academy Munich,  
Rosenheimer Strasse 116a  
81669 Munich

### **Hotel information**

Motel One München-Haidhausen  
Rosenheimerstraße 110  
81669 Munich

### **Course dinner**

Taverna Melina,  
Maistraße 26  
80337, Munich

### **Transfers/directions**

Transfers from the airport to the  
hotel and back according to the  
online registration system entries

### **Event management**

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### **Programme and faculty management**

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Delegates will receive a certificate of attendance on completion of the course. Such certificate of attendance will be provided only to delegates who attend the entire course, unless there are exceptional circumstances. The course organiser will assess any exceptions for legitimate reasons.

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