

Smith+Nephew

Academy

Education + Innovation + Excellence

Instructional Course | AcademyLondon

+ INSPIRE

International Sports Medicine Platform
for Innovation, Research, and Education



+ INSPIRE Foot+Ankle Academy Instructional course

Date: 16-17 June 2026

Preliminary programme

Invited chairpeople:

Prof. Masato Takao, Japan

Prof. Niek van Dijk, Netherlands

Smith+Nephew
Academy London, UK



Course description

This Smith + Nephew Foot + Ankle Instructional course features scientific debates, workshops and open discussions, enabling delegates to extend their scope of practice in foot + ankle arthroscopy techniques. Focusing on Ankle/Hind foot arthroscopy and Instability/achilles tendon conditions, sessions will start with guided case discussions from the faculty around each topic followed by a lab session to cover the relevant surgical techniques. Anatomical workshops will ensure the delegates receive comprehensive tuition and practice the techniques required whilst using the relevant S+N products in a safe and controlled environment.

Accreditation

Accredited by the Royal College of Surgeons of England

Invited chairpeople



Prof. Masato Takao
Japan



Prof. Niek Van Dijk
Netherlands

Invited faculty



Prof. Pieter D'Hooghe
United Kingdom



Dr. Mellany Gala
Germany



Dr. Andrea Veljkovic
Canada



Academy Online

As online content is an integral part of the course, you will be pre-registered on our online Global Medical Education learning platform "[Smith+Nephew Academy Online](#)".

Please complete your profile to access the assigned course modules associated with this full course. After completion of the course with full attendance, this is where you will have access to feedback surveys and certificates

Course description

Learning objectives

- Explain different evidence-based approaches to F+A instability and achilles tendon conditions
- Recognize surgical approaches to complex F+A pathologies.
- Practice current and emerging F+A surgical techniques during hands on session

Participant profile

- Consultant orthopaedic surgeon who are undertaking more than 60 foot+ankle procedures a year for at least 5 years
- Surgeons with a high interest in advanced foot + ankle repair, wanting to learn techniques for managing instability condition
- This event will be conducted in English, therefore, a good command of the language is essential

Focus products

FOOTPRINT[◇] ULTRA PK
TWINFIX[◇] ULTRA PK
Q-FIX[◇] with Needles
ULTRABRIDGE[◇] kit
ULTRABRACE[◇] kit
HEALICOIL[◇] PK suture anchor
with needles
FOOTPRINT[◇] MINI PK



ULTRABRACE[◇] Kit

Preliminary programme

Tuesday, 16 June

Day 1

Time	Session	Speaker
Morning	<i>Individual arrivals</i>	<i>All</i>
11:30 - 12:15	Registration and welcome lunch	All
12:15 - 12:25	Welcome and introductions	Smith+Nephew
12:25 - 12:30	What to expect from these 2 days	Speaker
Session 1		
12:30 - 12:45	Anterior ankle arthroscopy: Indications/access tips + tricks	Speaker
12:45 - 13:00	Posterior arthroscopy and tendoscopy: Indications/access tips + tricks	Speaker
13:00 - 13:10	Discussion	All
13:10 - 13:30	Lateral ankle instability: Indication of arthroscopic percutaneous brostrom repair and my approach	Speaker
13:30 - 14:30	Case discussions: Lateral ankle instability	All faculty
14:30 - 14:40	Failed Primary Brostrom Repair: What's next?	Speaker
14:40 - 14:55	Discussion	All
14:55 - 15:05	<i>Coffee break and change for the lab</i>	<i>All</i>
Session 2		
Anatomical wetlab		
15:05 - 17:35	Anterior + posterior arthroscopy - Arthroscopic brostrom repair + augmentation	All
17:35 - 17:40	Recap of the day and close	N van Dijk
17:40	<i>Coach transfer back to the hotel</i>	<i>All</i>
19:00	<i>Meet in the lobby of the hotel to take a short walk for dinner</i>	<i>All</i>
19:30	<i>Course dinner</i>	<i>All</i>

Preliminary programme

Wednesday, 17 June

Day 2

Time	Session	Speaker
Morning	Breakfast at the hotel and check out	All
07:30	Group transfer to the Academy	All
08:00 - 08:05	Welcome back to day 2	Smith+Nephew
Session 3		
08:05 - 08:15	Insertional achillies tendinopathy	Speaker
08:15 - 08:25	Mid-substance achilles tendinopathy	Speaker
08:25 - 08:35	Endoscopic vs Open FHL Transfer: Indications, Tips & Tricks	Speaker
08:35 - 10:05	Achillies Tendon: Case Discussions	All faculty
10:05 - 10:15	Discussion	All
10:15 - 10:30	Coffee break and change for the lab	All
Session 4		
	Anatomical wetlab	
10:30 - 12:30	Arthroscopic FHL Transfer	All
12:30 - 13:10	Lunch	All
Session 5		
	Anatomical wetlab	
13:10 - 15:00	Mid-Substance Achillies Tendinopathy	All
15:00 - 15:10	Summary: Insights, outcomes, key learnings + Q+A	Speaker
15:15	Departures	All

Course venue

Smith+Nephew
Academy London,
Building 5, Croxley Business Park
Hatters Lane, Watford, WD18 8YE

Hotel Information

Leonardo Hotel, Watford
Clarendon Road,
Watford, WD17 1JA

Course dinner

TBC

Transfers/directions

Transfers from the airport to the
hotel and back according to the
online registration system entries

Event management

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Programme and faculty management

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Code of ethics

All healthcare professionals must comply with their local guidelines and regulations regarding the costs associated with any meeting. Smith & Nephew, Inc. is committed to following the relevant code of ethics and limits attendance at company sponsored events to healthcare professionals with a bona fide professional interest.

Course Certificates

Delegates will receive a certificate of attendance on completion of the course. Such certificate of attendance will be provided only to delegates who attend the entire course, unless there are exceptional circumstances. The course organizer will assess any exceptions for legitimate reasons.

Disclaimer

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Photography and video

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