## Pilonidal Sinus

Helping you get CLOSER TO ZERO<sup>⋄</sup> wound infections

## **Smith**\*Nephew

PICO<sup>o</sup> 7

Single Use Negative Pressure Wound Therapy System



**Step 1:** Cleanse the wound and peri-wound skin well according to institution protocol.



**Step 2:** Irrigate the wound with saline solution.



**Step 3:** Dry the peri-wound area and allow the area to completely air dry prior to dressing application.



**Step 4:** Fill the wound cavity with the appropriate wound filler: Black foam (66801021), Kerlix PHMB Gauze, ACTICOAT<sup>†</sup> Flex 3.



**Step 5:** Apply stoma paste or RENASYS<sup>o</sup> Gel Patch (66801082) below the wound/incision in order to improve seal for the negative pressure.



half and position over the wound. Remove backing to expose adhesive, and apply starting on one side, then the center, and then the other side. This technique will help to achieve the best seal.

\*Ensure that the dressing is incontact with the skin in the inter-gluteal fold. The soft-port should be oriented toward the patient's head.



**Step 7:** Insert the batteries into the pump.



**Step 8:** Connect the tubing of the device to the suction port of the dressing.



**Step 9:** Start the therapy by pressing the orange button. You can put your hand on the dressing to facilitate the dressing's contraction.



**Step 10:** Install the retention strips on all 4 sides of the dressing. Pay close attention to the anus.



## TIPS AND TRICKS

- \*The skin must have had time to completely dry in the open air before applying the dressing, especially in the area of the gluteal fold and near the anus.
- \* Make sure the area covered by the dressing is free of hair.
- \* Put your hand on the dressing at the beginning of the therapy to facilitate the contraction of the dressing and avoid air pockets.
- \* Ask the patient to take a position with the curved back before attaching the top of the dressing.

For detailed product information, including indications for use, contraindications, precautions and warnings, please consult the product's Instructions for Use.

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