

11, 12 April 2025 | Singapore

# INSPIRE

## International Sports Medicine Platform for Innovation Research Education

INSPIRE'd by Smith+Nephew's world renowned sports medicine international surgeon faculty, INSPIRE focuses on the latest innovations, current trends, surgical techniques and advance enabling technologies in Knee, Shoulder, Hip, Foot & Ankle making this a truly comprehensive International Sports Medicine Program.

Smith+Nephew

### Academy

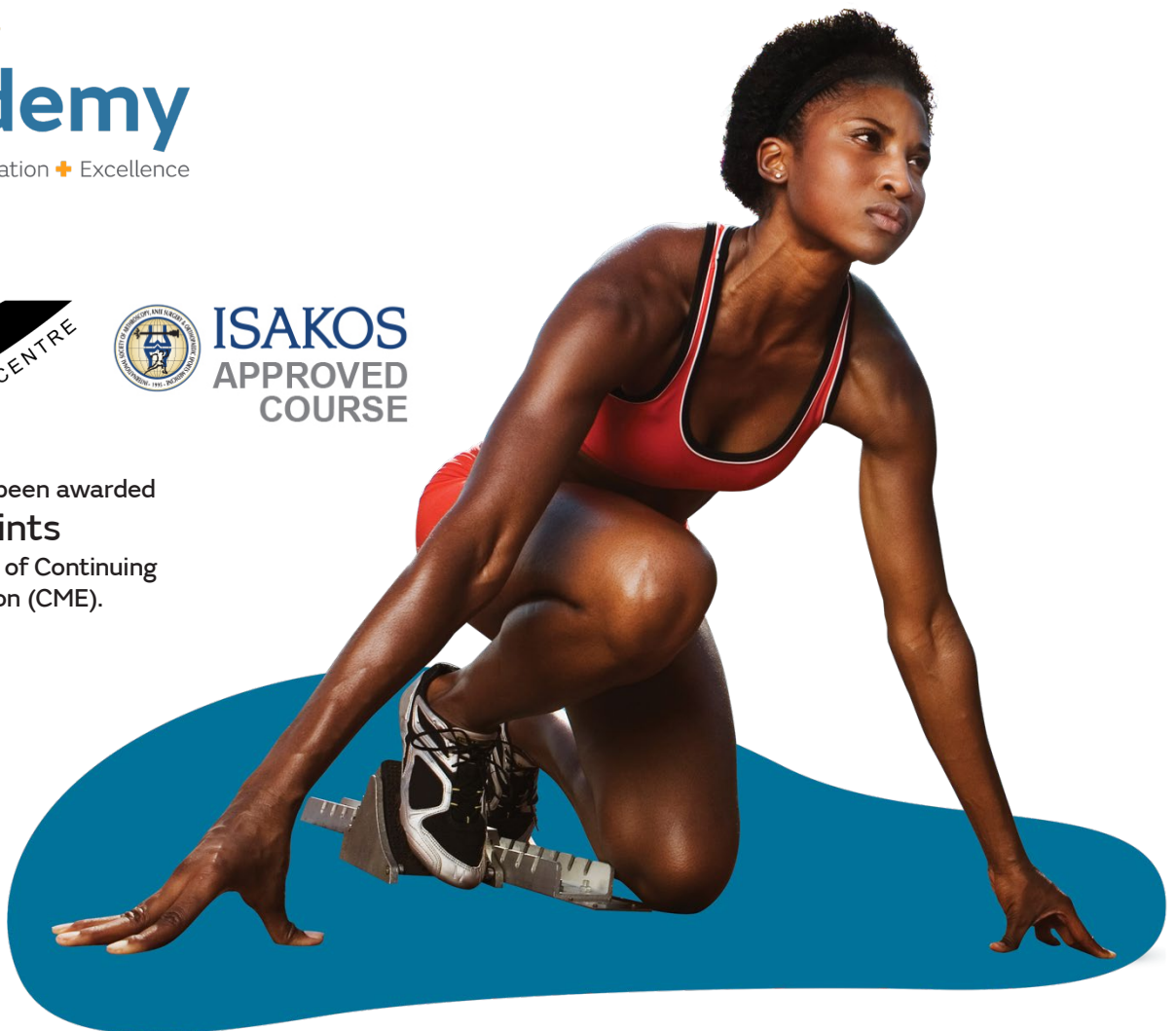
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This course has been awarded  
**12 CPD points**  
for the purposes of Continuing  
Medical Education (CME).



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## COMPLEX SHOULDER INSTRUCTIONAL COURSE

### Program Overview

This advanced shoulder instructional program is designed to be an interactive learning experience led by renowned sports medicine international surgeon faculty.

The delegates will discuss complex shoulder sports medicine cases with their peers and learn from experienced faculty members who will share their insights and expertise through lectures, live surgical demonstrations, and interactive discussions.

The course will also include hands-on workshops using cadaveric specimens, allowing participants to practice and refine their surgical skills.



**Smith+Nephew Academy**  
Singapore



**11, 12 April 2025**



**6 Global Faculty**



**24 Attendees**



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## COMPLEX SHOULDER INSTRUCTIONAL COURSE

### Learning Objectives

By attending this course participants will:

Acquire knowledge and develop skillsets through hands-on cadaveric practice with advanced techniques and instrumentations for the management of various complex shoulder pathologies

Discover key tips & tricks from expert-level faculty in shoulder repair & management through live cadaveric demonstration with key focus on instability, glenoid bone loss, rotator cuff injuries and biceps tendinopathy

Appreciate the latest scientific data that supports the different techniques in the field of complex shoulder injuries management using Smith+Nephew latest solutions and technologies

### Participant Profile

- Orthopaedic surgeons in practice with a focus on sport medicine with a minimum of 8 years experience.
- Orthopaedic surgeons who have a desire to expand their surgical skills in minimally invasive shoulder repair.
- Proficiency in English for effective participation.

For more educational needs

visit <https://educationunlimited.smith-nephew.com/>

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ACCREDITED CENTRE

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COMPLEX SHOULDER  
INSTRUCTIONAL COURSE

Chairpersons



Ivan  
Wong  
Canada



Miguel  
Ruiz Iban  
Spain

Faculty



Christopher  
Peach  
United Kingdom



Teruhisa  
Mihata  
Japan



Berte  
Bøe  
Norway



Dinshaw  
Pardiwala  
India



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## 11 April, Friday

Time	Session	Speakers
07:45	Transfer from the Hotel to SN Academy	All Faculty
08:00	Transfer from the Hotel to SN Academy	All Delegates
08:20 - 08:30	Arrival at SN Academy & Registration	All Delegates
08:30 - 08:40	Welcome Address by Course Leadership Day 1 Learning Objectives & Overview	S+N Course Chair
08:40 - 08:50	Physical Examination of Labrum with Portable Ultrasound	Ivan Wong
<b>Key-note Session 1: Shoulder Instability</b> <b>Moderator: Dinshaw Pardiwala</b>		
08:50 - 09:05	First Time Dislocation	Miguel Ruiz Iban
09:05 - 09:20	Arthroscopic Bankart + Remplissage	Chris Peach
09:20 - 09:35	Management of Humeral Defect	Teruhisa Mihata
09:35 - 09:50	HAGL Tear	Dinshaw Pardiwala
09:50 - 10:05	Bony Bankart Glenoid Fracture	Ivan Wong
10:05 - 10:15	Coffee Break	All
<b>Live Cadaveric Demonstration 1:</b> Arthroscopic Bone Block (live broadcast from Station 5 to Media Wall) Moderator: Ivan Wong		
10:15 - 10:45		Miguel Ruiz Iban Teruhisa Mihata
10:45 - 10:55	Change into Scrubs	All
<b>Hands-On Session 1:</b> Arthroscopic Labral Repair Arthroscopic Bone Block Glenoid Fracture with Suture Buttons		
10:55 - 12:40		All Delegates



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Agenda 1/2



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## 11 April, Friday

Time	Session	Speakers
12:40 – 13:25	<b>Lunch &amp; Group Photo</b>	All
<b>Key-note Session 2: Exploring Innovations in Rotator Cuff Healing</b> <b>Moderator: Berte Bøe/Teruhisa Mihata</b>		
13:25 – 13:40	My Surgical Approach to Partial Rotator cuff Tears	Ivan Wong
13:40 – 13:55	Latest Evidence on Biological Augmentation for Full-Thickness Tears	Miguel Ruiz Iban
13:55 – 14:10	Expanded Indications: When & Why Would I Augment with Biologics?	Chris Peach
14:10 – 14:25	Subscap Repair: When and How to Repair, and Managing Complications	Berte Bøe
14:25 – 14:40	Coffee Break	All
14:40 – 15:00	<b>Live Cadaveric Demo 2:</b> Transosseous-Equivalent Rotator Cuff Repair with Bioinductive Implant Augmentation (live broadcast from Station 5 to Media Wall)  Moderator: Dinshaw Pardiwala	<b>Chris Peach</b>  Berte Bøe
15:00 – 16:15	<b>Hands-On Session 2:</b> Double/Single Row RC Repair with Bioinductive Implant Augmentation	All Delegates
16:15 – 16:25	Change & Departure	All
16:25	Transfer from Academy to Hotel	All
18:30	Transfer from Hotel to Course Dinner Venue	All
19:00 – 21:00	<b>Course Dinner</b>	All
21:00	Transfer from Course Dinner Venue to Hotel	All



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Agenda 2/2



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## 12 April, Saturday

Time	Session	Speakers
07:45	Departure from the Hotel to SN Academy	All Faculty
08:00	Departure from Hotel to SN Academy	All Delegates
08:20 – 08:30	Arrival at S+N Academy Day 2 Objectives & Overview	Course Chair
08:30 – 08:40	Live Examination of the Cuff with Portable Ultrasound	Miguel Ruiz Iban
<b>Key-note Session 3: Massive Irreparable Rotator Cuff Tear: What Are My Options?</b> <b>Moderator: Ivan Wong/Berte Bøe</b>		
08:40 – 08:55	How I Manage Revision RC Intra-Operatively	Berte Bøe
08:55 – 09:10	My SCR Technique – Tip & Tricks	Teruhisa Mihata
09:10 – 09:25	How I Optimize Outcome with Modified SCR Technique	Dinshaw Pardiwala
09:25 – 09:40	Arthroscopic Subacromial Resurfacing Technique	Chris Peach
09:40 – 09:55	Contemporary Use of Tendon Transfers in Shoulder Surgery including Lower Trapezius Transfer	Miguel Ruiz Iban
09:55 – 10:10	Bridging Reconstruction Technique for Massive Tears: Advanced and Clinical Outcomes	Ivan Wong
10:10 – 10:20	Coffee Break	All
10:20 – 10:40	<b>Live Cadaveric Demo 3:</b> Superior Capsular Reconstruction for Irreparable Posterosuperior Cuff Tear (live broadcast from Station 5 to Media Wall)	Teruhisa Mihata  Chris Peach
	Moderator: Berte Bøe	

Agenda 1/3



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## 12 April, Saturday

Time	Session	Speakers
10:40 – 10:50	Change into Scrubs	All
10:50 – 12:20	<b>Hands-On Session 3:</b> Superior Capsular Reconstruction OR Bridging Reconstruction for Irreparable Posterosuperior Cuff Tear	All Delegates
12:20 – 13:05	Working Lunch <b>12:45 – 13:05</b> <b>Live Cadaveric Demo 4: Lower Trapezius Harvesting</b> (live broadcast from Station 5 to Media Wall)  Moderator: Dinshaw Pardiwala	Ivan Wong
<b>Key-note Session 4: Case Discussion – Other Complex Shoulder Instability Scenarios</b> Moderator: Miguel Ruiz Iban / Dinshaw Pardiwala		
13:05 – 13:20	Failed Bankart Repair – Is Re-Bankart Feasible?	Ivan Wong
13:20 – 13:35	Bone Block vs Laterjet	Chris Peach
13:35 – 13:50	Surgical Technique Video Demonstration of Arthroscopic Laterjet	Berte Bøe
13:50 – 14:35	Panel Discussion – Complex Instability Case Scenarios (Mini-Open /Arthro-latarjet/DAS)	Dinshaw Pardiwala
14:35 – 14:45	Coffee Break	All
14:45 – 15:05	<b>Live Cadaveric Demo 5:</b> Mini-Open Laterjet (live broadcast from Station 5 to Media Wall)  Moderator – Chris Peach	Dinshaw Pardiwala  Teruhisa Mihata
15:05 – 16:30	<b>Hands-On Session 4: Arthroscopic OR Mini-Open Latarjet</b>	All Delegates



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Agenda 2/3



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## 12 April, Saturday

Time	Session	Speakers
16:30 – 16:45	Change Back & Post-Course Survey	
16:45 – 16:55	Summary	Course Chair
16:55	End of Course, Departure	All



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## Organisation and Registration

### Chelsea Pang

Program Manager  
Medical Education SPM International Asia Cluster  
[chelsea.pang@smith-nephew.com](mailto:chelsea.pang@smith-nephew.com)

### Jenny Wong

Meeting Planner Medical Education  
[jenny.wong@smith-nephew.com](mailto:jenny.wong@smith-nephew.com)

## Transfers / Directions

Transfers from the airport to the hotel and back according to the online registration system entries.

## Accommodation

Oasia Hotel Downtown  
100 Peck Seah Street  
Singapore 079333  
T: (+65) 6812 6900

## Course Venue

Smith+Nephew Asia Pacific Pte Ltd  
ALICE @ Mediapolis  
29 Media Circle, #10-05  
Singapore 138565

## Course Dinner

JUMBO Seafood – Riverside Point  
30 Merchant Road, #01-01/02,  
Riverside Point,  
Singapore 058282

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