# Evidence in focus

Publication summary: Kazum E, et al. Arch Orthop Trauma Surg (2019)\*

# **Smith**Nephew

Biomechanically comparable performance of Double ENDOBUTTON<sup>o</sup> Fixation Device and two cannulated screws for coracoid fixation in the Bristow Latarjet procedure



### **Overview**

- Independent biomechanical study comparing coracoid fixation methods in the Bristow Latarjet procedure.
- Nine cadaveric human scapulae with the conjoined tendon attached to the coracoid process were fixated with either:
- Two cannulated screws (n=4; DePuy Synthes, Raynham, MA, USA) tightened with a two-finger technique
- One Double ENDOBUTTON (n=5), compressed to 100N
- Constructs were cyclically preconditioned before a single pullto-failure test at a normalised displacement rate of 400% of the measured gauge length per minute:
- Load-to-failure, average stiffness and average stress at maximal load were calculated
- Failure mechanism and site were recorded

#### Results

- No significant difference in the biomechanical properties of screw and Double ENDOBUTTON fixation (Figures 1 and 2) .
- All screw-fixated constructs (4/4) failed due to graft failure through the proximal or distal drill hole .
- Failure of Double ENDOBUTTON constructs was due to glenoid bone fracture (4/5) or failure at the clamp-muscle interface (1/5)



Figure 1. Average maximal load to failure (± standard deviation)



Figure 2. Average stress at maximal load (± standard deviation)

## Conclusions

#### Citation

\*Kazum E, Chechik O, Pritsch T, et al. Biomechanical evaluation of suture buttons versus cortical screws in the Latarjet–Bristow procedure: a fresh-frozen cadavers study. Arch Orthop Trauma Surg. 2019;139(12):1779-1783.

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<sup>+</sup> Study results should be extrapolated carefully due to the limitations of the study design, including ex-vivo only, small sample size and no measurement of coracoid dislocation after cyclic loading.

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