

Smith+Nephew

Academy

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Instructional Course | AcademyLondon

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International Sports Medicine Platform
for Innovation, Research, and Education



+ INSPIRE Cartilage Repair Instructional Course

Date: 26-27 March 2026

Preliminary programme

Invited chairperson:

Prof. Elizaveta Kon, Italy

Smith+Nephew Academy
London, UK



Course description

The Cartilage repair Instructional course is designed for experienced orthopaedic surgeons who will lead future training for peers in the Agili-C cartilage repair procedure.

Through hands on cadaveric training, lectures and case based discussion, this educational event focuses on the science, evidence, patient indications, treatment algorithm and techniques of using CARTIHEAL AGILI-C for repair of cartilage lesions in the knee.

Accreditation

Accredited by the Royal College of Surgeons of England

Invited chairperson



Prof. Elizaveta Kon
Milan, Italy

Invited faculty



Dr. Francesca de Caro
Pavia, Italy



Dr. Kenneth R. Zaslav
New York, USA



Academy Online

As online content is an integral part of the course, you will be pre-registered on our online Global Medical Education learning platform "[Smith+Nephew Academy Online](#)".

Please complete your profile to access the assigned course modules associated with this full course. After completion of the course with full attendance, this is where you will have access to feedback surveys and certificates

Course description

Learning objectives

- Explain the biological principals and clinical evidence supporting the use of implant technology for cartilage and osteochondral lesions
- Identify appropriate patient selection, criteria and indications/contraindications for use
- Perform the prescribed procedural steps for implantaion, according to standardised surgical techniques
- Recognise and manage key interoperative challenges and potential complications to ensure procedural succes

Participant profile

- Orthopeadic HCP at consultant level with 5+ years experience in knee repair surgery and undertaking 15+ cartilige procedures per year
- Faculty who possess a strong clinical background
- This event will be conducted in English, therefore a good command of the language is essential

Focus product



CARTIHEAL ♦

AGILI-C ♦ Cartilage Repair Implant

Preliminary programme

Thursday, 26 March

Day 1

| Time | Session | Speaker |
|------------------|--|------------|
| <i>Afternoon</i> | <i>Individual arrivals to the hotel</i> | <i>All</i> |
| 19:00 | Meet in the hotel lobby to take short walk to dinner | All |
| 19:30 | Course dinner | All |

Preliminary programme

Friday, 27 March

Day 2

| Time | Session | Speaker |
|----------------------|---|--------------|
| Morning | Breakfast at the hotel and check out | All |
| 07:30 | Group transfer to the Academy | All |
| 08:00 - 08:10 | Welcome and introductions | Smith+Nephew |
| 08:10 - 08:20 | Chair welcome and overview of objectives | E Kon |
| Session 1 | | All |
| 08:20 - 08:50 | Understanding the Science: An introduction to the science and evidence behind CARTIHEAL AGILI-C | Speaker |
| 08:50 - 09:05 | Discussion / Q+A | Speaker |
| 09:05 - 09:35 | Surgical Technique Review: Pre-op planning, Implantation technique, tips and pearls | Speaker |
| 09:35 - 09:50 | Discussion / Q+A | All |
| 09:50 - 10:10 | Coffee break and change for the lab | All |
| Session 2 | Anatomical wetlab | |
| 10:10 - 10:40 | Live in the lab: CARTIHEAL | Faculty |
| 10:40 - 12:10 | Delegate hands on | All |
| 12:10 - 12:50 | Lunch and change | All |
| Session 3 | | |
| 12:50 - 14:20 | My Journey with CARTIHEAL AGILI-C: Interactive Case Discussions | Speakers |
| 14:20 - 14:40 | Next steps: Implementing into practise | Speaker |
| 14:40 - 14:50 | Final comments + Questions | Speaker |
| 14:50 - 15:00 | Summary and next steps | E Kon |
| 15:00 | Departures | All |

Course venue

Smith+Nephew
Academy London,
Building 5, Croxley Business Park
Hatters Lane, Watford, WD18 8YE

Hotel Information

Leonardo Hotel, Watford
Clarendon Road,
Watford, WD17 1JA

Course dinner

TBC

Transfers/directions

Transfers from the airport to the
hotel and back according to the
online registration system entries

Event management

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Programme and faculty management

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Code of ethics

All healthcare professionals must comply with their local guidelines and regulations regarding the costs associated with any meeting. Smith & Nephew, Inc. is committed to following the relevant code of ethics and limits attendance at company sponsored events to healthcare professionals with a bona fide professional interest.

Course Certificates

Delegates will receive a certificate of attendance on completion of the course. Such certificate of attendance will be provided only to delegates who attend the entire course, unless there are exceptional circumstances. The course organiser will assess any exceptions for legitimate reasons.

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